

**CAST IRON**

**NIBBLES**

**RED PEPPER ROMESCO DIP**   
warm pitta bread {333 kcal}  
(contains G, N, P / may contain C, E, M)  
**5.00**

**TEMPURA SALMON**  
sriracha mayonnaise and sesame {478 kcal}  
(contains E, F, G, M, Mu, SS / may contain Cr, Mo)  
**5.00**

**WARM ARTISAN BREAD**   
whipped butter, oil and balsamic {641 kcal}  
(contains E, G, M, N, S, SS, Su / may contain C)  
**5.00**

**MIXED MARINATED OLIVES**    
{246 kcal} (contains N, P, SS / may contain E, M)  
**4.00**

**STARTERS**

**OREGANO & PAPRIKA SQUID**   
black garlic mayonnaise {294 kcal}  
(contains E, Mo, Mu / may contain Cr, F, Su)  
**11.00**

**CHICKEN LIVER PARFAIT**  
port jelly, chicken skin butter  
and warm toasted brioche  
{833 kcal}  
(contains C, Cr, E, F, G, M, Mo, Mu, N, P, S, SS, Su / may contain L)  
**11.00**

**CRISPY HAM HOCK**   
grain mustard, pickled beetroot  
and watercress {399 kcal}  
(contains C, E, Mu, Su / may contain M, N)  
**11.00**

**KING SCALLOPS**   
maple glazed belly pork, corn purée  
and red wine jus {417 kcal}  
(contains M, Mo, Su / may contain Cr, F)  
**14.00**

**CRISPY SPICED CAULIFLOWER**   
smoked paprika vegan mayonnaise {440 kcal}  
(contains C, G, Mu, N, P, S, Su)  
**9.00**


**GLAZED ROSARY GOAT'S CHEESE & VANILLA POACHED PEAR**    
Vimto pickled shallots, baby leaf  
and candied walnuts {244 kcal}  
(contains C, G, M, Mu, N, P, Su)  
**11.00**

**TORCHED CONFIT SALMON**   
crab, lemon & dill crème fraîche  
and squid ink tapioca cracker {944 kcal}  
(contains Cr, F, M, Mo, Su)  
**13.00**



**SOUP OF THE DAY**   
artisan bread and salted butter {440 kcal}  
(contains C, G, M, S, SS, Su)  
**8.00**

**LIGHTER BITES**

**CLASSIC CAESAR**  
gem lettuce, Caesar dressing, Parmesan  
shavings, artisan bread croutons and anchovies  
{314 / 628 kcal} (contains E, F, G, M, S, Su / may contain C, N)  
**10.00 small / 14.00 large**

**SUPERFOOD SALAD**   
mixed quinoa, roasted courgette, butternut  
squash, kale and mustard dressing {123 / 269 kcal}  
(contains G, Mu / may contain C, N, Su)  
**11.00 small / 15.00 large**

**ADD SALAD EXTRAS**


chicken {105 kcal}  **5.00**  
chalk stream trout {125 kcal}  **5.00**  
(contains F / may contain C)  
chargrilled halloumi {223 kcal}   **4.00**  
(contains E, M / may contain C)

**KING PRAWN & CHORIZO TAGLIATELLE**  
pangrattato crumb {604 / 1209 kcal}  
(contains Cr, G, M, S, Su / may contain C, F, Mo)  
**14.00 small / 20.00 large**

**THE CAST IRON MISSION**

All our Cast Iron dishes focus on both local suppliers and great ingredients, whilst focusing on our commitment to reduce food waste. You can therefore enjoy delicious food knowing that you are making a positive impact on both the environment and the community.

**ALL OUR STEAKS ARE SERVED WITH CONFIT TOMATO AND FRIES**





**FROM THE GRILL**  
(all steaks are  and may contain C, N, Su)

**RUBBED PICANHA**  
225g {418 kcal} **26.00**

**PRIME FILLET**  
200g {466 kcal} **37.00**

**RIB-EYE**  
285g {696 kcal} **37.00**

**SIRLOIN**  
225g {666 kcal} **33.00**

**SAUCES**  
**4.00** peppercorn  {435 kcal} (contains C, M, Su / may contain L) | béarnaise  {365 kcal} (contains E, M / may contain C, Su)  
Blacksticks blue cheese  {245 kcal} (contains C, M, Su / may contain L) | chimichurri  {105 kcal} (may contain C, N, SS)

**BURGERS**


**CAST IRON BURGER\***  
beef patty, crispy bacon, cheddar, gem lettuce,  
smoky chipotle sauce and fries {1325 kcal}  
(contains E, G, M, Mu, S, SS, Su / may contain C, N)  
**19.00**


**\*£1 FROM THE SALE OF EVERY BURGER TO BENEFIT magic breakfast**

**THE BEYOND BURGER**   
gem lettuce, beef tomato, smoky chipotle sauce and fries  
{1056 kcal} (contains G, SS / may contain C, Mu, N)  
**19.00**


**CRISPY CHICKEN BURGER**  
gem lettuce, tomato, guacamole, mayonnaise and fries  
{748 kcal} (contains E, G, M, N, S, SS, Su / may contain C, Mu)  
**19.00**


**MAINS**

**CHALK STREAM TROUT**   
clams, samphire, spinach, parmentier potatoes  
with pea & dill beurre blanc {977 kcal}  
(contains F, M, Mo / may contain C, Cr, SS)  
**24.00**



**CHICKEN BALLONTINE**   
mushroom, truffle, celeriac & Salford honey purée,  
potato fondant, crispy chicken skin and chives {641 kcal}  
(contains C, E, M, Su / may contain N, SS)  
**22.00**

**DUO OF PORK**  
cider braised cheek & fillet, cauliflower purée  
with Stilton & pancetta potato gratin {1232 kcal}  
(contains C, E, G, M, Su / may contain Mu)  
**24.00**

**FLAT IRON CHIMICHURRI CHICKEN**   
confit tomato and fries {553 kcal} (may contain C, N, SS)  
**20.00**

**CREAMY TOMATO RIGATONI ALLA VODKA**   
fresh oregano {712 kcal}  
(contains G, M / may contain C, N)  
**13.00 small / 19.00 large**

**BEER BATTERED FISH & CHIPS**  
ale batter, crushed peas, chips, tartare sauce  
and lemon {629 kcal}  
(contains E, F, G, L, Mu, Su / may contain C, N)  
**19.00**

**FISH TRIO**    
cod fillet, salmon & dill fishcake, king scallops,  
shellfish bisque, wilted spinach and sea herbs {611 kcal}  
(contains Cr, E, F, M, Mo / may contain Mu, N, Su)  
**24.00**

**SIDES**

**SEASONAL GREEN VEGETABLES**    
butter and Cornish sea salt {231 kcal}  
(contains M / may contain C, N, Su)  
**5.00**

**HERB BUTTERED NEW POTATOES**    
{303 kcal} (contains M / may contain C, N, Su)  
**5.00**

**GRILLED FLAT MUSHROOMS**    
rosemary & garlic oil {103 kcal}  
(contains Su / may contain C)  
**5.00**





**BEER BATTERED ONION RINGS**   
{393 kcal} (contains G, Su / may contain C, N)  
**5.00**

**TRUFFLE PARMESAN FRIES**   
{310 kcal} (contains M / may contain E, Mu, N, Su)  
**6.00**

**SKINNY FRIES**    
{310 kcal} (may contain E, Mu, N, Su)  
**5.00**

**CAST IRON HOUSE SALAD**    
{38 kcal} (contains Mu / may contain C, N, Su)  
**5.00**

Whilst food safety is our highest priority, please note whilst we try our best to ensure your food is suitable for you, our dishes are prepared in areas in which allergenic ingredients are present. The menu shows which dishes do not contain certain allergenic ingredients as intentional ingredients, however we cannot guarantee that dishes are 100% free from these ingredients due to the preparation process. If you have a food allergy, intolerance, or coeliac disease – please speak to the staff about the ingredients in your food and drink before you order. Thank you.

Adults need around 2000 kcal a day.  vegetarian  vegan  gluten free.  This zero waste dish has been created to align with Marriott's commitment to be a responsible business and adopt sustainable practices by embracing The PLEDGE™ on Food Waste Certification. All prices include VAT at the current rate. A discretionary 12.5% service charge will be added to your bill.

C = Celery; Cr = Crustaceans; E = Eggs; F = Fish; G = Cereals containing Gluten; L = Lupin; M = Milk; Mo = Molluscs; Mu = Mustard; N = Nuts; P = Peanuts; S = Soya; SS = Sesame Seeds; Su = Sulphites.

**Magic Breakfast** (charity no. 1102510 in England and SCO48202 in Scotland) provides nutritious school breakfasts to children at risk of hunger in disadvantaged areas of the UK.

SCAN QR CODE TO SEE OUR FOOD WASTE POLICY

