

NIBBLES

RED PEPPER ROMESCO DIP

warm pitta bread (G,N,P)
5.00

TEMPURA SALMON

sriracha mayonnaise and sesame
(E,F,G,M,Mu,SS)
5.00

WARM ARTISAN BREAD

flavoured butter, oil & balsamic
(E,G,M,N,S,SS,Su)
5.00

MARINATED OLIVES

4.00

**GREAT BRITISH
AND DELICIOUS,
OUR NEW BEST IN
SEASON DISHES**

STARTERS

OREGANO & PAPRIKA SQUID

black garlic mayonnaise (E, Mo, Mu)
11.00

CHICKEN LIVER PARFAIT

port jelly, chicken skin butter and warm toasted brioche
(C,Cr,E,F,G,M,Mo,Mu,N,P,S,SS,Su)
11.00

**ZERO WASTE GLAZED ROSARY GOAT'S
CHEESE & VANILLA POACHED PEAR**

Vimto pickled shallots, baby leaf and candid walnuts
(C,G,M,Mu,N,P,Su)
13.00

SOUP OF THE DAY

Artisan bread, salted butter (C,G,M,S,SS,Su)
8.00

CRISPY SPICED CAULIFLOWER

smoked paprika, vegan mayonnaise (C,G,Mu,N,P,Su)
9.00

HANDHELDS

CAST IRON BURGER

beef patty, crispy bacon, cheddar, gem lettuce,
smoky chipotle sauce, fries
(E,G,M,Mu,S,SS,Su)
19.00

THE BEYOND BURGER

vegan brioche bun, gem lettuce, beef tomato,
smoky chipotle sauce, fries
(G,SS)
19.00

CRISPY CHICKEN BURGER

gem lettuce, tomato, guacamole, mayonnaise,
fries
(E,G,M,N,S,SS,Su)
19.00

CAST IRON MISSION

All our Cast Iron dishes focus on both local suppliers and great ingredients, whilst focusing on our commitment to reduce food waste. You can therefore enjoy delicious food knowing that you are making a positive impact on both the environment and the community.

SIDES

GRILLED FLAT MUSHROOMS

rosemary & garlic oil (Su)
5.00

SEASONAL GREEN VEGETABLES

butter & Cornish sea salt (M)
5.00

TRUFFLED PARMESAN FRIES

(M) 6.00

CAST IRON SALAD

(Mu) 5.00

BEER BATTERED ONION RINGS

(G,Su) 5.00

SKINNY FRIES

5.00

MAINS

FLAT IRON CHICKEN

chimichurri sauce, confit tomato, fries
(C,N,SS)
20.00

BEER BATTERED FISH & CHIPS

Ale batter, crushed peas, chips,
tartare sauce, lemon
(E,F,G,L,Mu,Su)
19.00

CLASSIC CAESAR

gem lettuce, caesar dressing, Parmesan shavings,
artisan bread croutons, anchovies
(E,F,G,M,S,Su)
10.00 Small / 14.00 Large

SUPERFOOD SALAD (VE)

mixed quinoa, roasted courgette, butternut squash,
kale and mustard dressing
(G,Mu)
11.00 Small / 15.00 Large

ADD SALAD EXTRAS

Chicken 5.00
chalk stream trout 5.00 (F)
Char Grilled Halloumi 4.00 (M)

DESSERTS

STICKY TOFFEE PUDDING

vanilla ice cream & date puree
(E,G,M,N,P,S)
8.00

GRANDPA GREENE'S ICE CREAM

Ask server for details
(E,M)
8.00

FRUIT SALAD

6.00

A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO YOUR BILL.

MEMBERSHIP CARD MUST BE SHOWN PRIOR TO DISCOUNT BEING APPLIED. MAXIMUM 4 GUESTS PER MEMBERSHIP CARD. NO OTHER DISCOUNTS OR PROMOTIONS CAN BE USED IN CONJUNCTION WITH THIS OFFER.