



# CAST IRON SUNDAY LUNCH

## STARTER

### CHEF'S SOUP OF THE DAY

warm baked ciabatta  
gluten, milk, celery

### BREADED BRIE

leaf salad and chilli jam  
gluten, milk, egg, sulphites

### BEETROOT AND GOATS CHEESE SALAD

ciabatta croute  
gluten, milk

### CHICKEN PATÉ

herb leaf salad, caramelised onion chutney, baked bread  
gluten, milk, celery, mustard

### TRADITIONAL PRAWN COCKTAIL

buttered bread  
fish, crustaceans, milk, egg, mustard, gluten

## MAIN COURSE

### BRAISED BRISKET OF BEEF

Yorkshire pudding, gravy  
gluten, milk, egg, celery, sulphites

### LEMON AND HERB CHICKEN SUPREME

pan jus  
sulphites, celery

### SLOW ROAST BELLY PORK

apple sauce, wholegrain mustard sauce  
gluten, milk, mustard, celery, sulphites

### PAN FRIED SEA BASS

herb and white wine cream sauce  
fish, milk, sulphites

### ROASTED BUTTERNUT SQUASH AND RED PEPPER PARCEL

tomato sauce (VE)  
gluten, celery, sulphites, mustard

### ALL SERVED WITH THE FOLLOWING:

garlic and herb roast potatoes  
honey roasted carrots and parsnips  
seasonal greens, sage butter  
smoked cheddar <sup>milk</sup> cauliflower cheese  
gluten, milk, mustard

## DESSERT

### WARM CHOCOLATE FUDGE CAKE

berry compote and pouring cream  
gluten, milk, egg, soya

### STICKY TOFFEE PUDDING

toffee sauce and vanilla ice cream  
gluten, milk, egg, soya

### VANILLA POD CRÈME BRULEE

fresh berries and lemon shortbread  
gluten, milk, egg

### LEMON TART

Chantilly cream and fruit compote  
gluten, milk, egg, soya

### ST PIERRE CHEESE AND CRACKERS

£5 supplement  
gluten, milk, celery, mustard

GLUTEN FREE AND VEGAN DESSERT AVAILABLE FROM  
THE KITCHEN UPON REQUEST

3 COURSE £32 PER PERSON  
2 COURSE £28 PER PERSON



# CAST IRON

BAR & GRILL

(VE) vegan

T&Cs – Additional promotions or discounts cannot be used in conjunction with this offer. If you have any dietary requirements or are concerned about food allergies, e.g. nuts, you are invited to ask one of our team members for assistance when selecting menu items. Adults need around 2000 kcal a day. All prices include VAT at the current rate.