



**FRUIT, YOGHURTS & CEREALS**

**COCONUT OVERNIGHT BANANA OATMEAL** 139 kcal  
pumpkin, vanilla, passion fruit  
and pumpkin seeds  
7.00 

**CHIA BREAKFAST PUDDING** 380 kcal  
almond milk, raspberries, fruits  
and toasted almonds  
7.00 

**GRANOLA PARFAIT** 425 kcal  
yoghurt, pearl barley,  
apples, goji berries  
and cinnamon syrup  
7.00

**EGGS**

**CLASSIC OMELETTE** 220 kcal  
ham, cheddar and hash brown  
10.00

**EGG WHITE OMELETTE** 400 kcal  
spinach, tomato, goat's cheese  
and hash brown  
11.00

**SMOKED SALMON OMELETTE** 267 kcal  
cream cheese and  
hash brown  
13.00 

**SCRAMBLED EGGS** 440 kcal  
bacon, grilled tomato and toast  
9.00

**EGGS BENEDICT** 331 kcal  
English muffin, bacon and hollandaise  
12.00


**LOCAL**

**TOASTED ENGLISH MUFFIN** 912 kcal  
grilled bacon, egg or sausage  
7.00

**BREAKFAST PAN** 914 kcal  
grilled back bacon, fried eggs,  
Cheddar and sour dough  
12.00

**SMOKED SALMON** 485 kcal  
avocado, watercress and  
wholemeal toast  
12.00

**SIGNATURES**

**SMASHED AVOCADO** 471 kcal  
grilled spelt and  
beetroot bread  
8.00 

**HOT PORRIDGE** 359 kcal  
cinnamon, maple syrup  
and toasted almonds  
5.00

**BUTTERMILK PANCAKES** 426 kcal  
whipped butter and  
warm apricot syrup  
8.00

**WHATEVER YOU LOVE FOR BREAKFAST,  
IT'S EXPERTLY MADE AND FULL OF FLAVOUR.  
ENJOY.**

**CLASSIC BREAKFAST**

**FULL ENGLISH BREAKFAST** 854 kcal  
unlimited options from the hot  
and cold buffet, juice, tea or  
any handcrafted coffee  
22.00

**ALL BRITISH BREAKFAST** 870 kcal  
hash brown, sausage, bacon,  
egg, tomato, toast, juice  
and tea or coffee  
18.50

**CONTINENTAL** 964 kcal  
bakery basket, continental  
meats, bread rolls,  
condiments, juice  
and tea or coffee  
16.00

**GOOD START** 452 kcal  
your choice of porridge; chia pudding  
or homemade granola, fresh berries,  
skimmed milk, whole grain toast,  
juice and tea or coffee  
12.50 

**PADDY & SCOTT'S HOT DRINKS**

**DOUBLE ESPRESSO** 10 kcal  
2.75

**AMERICANO** 15 kcal  
reg 3.00 lrg 3.25

**FLAT WHITE** 156 kcal  
3.25

**LATTE** 135/160 kcal  
reg 3.25 lrg 3.75

**CAPPUCCINO** 159/179 kcal  
reg 3.25 lrg 3.75

**MOCHA** 394/468 kcal  
reg 3.50 lrg 4.00

**HOT CHOCOLATE** 98/198 kcal  
reg 3.25 lrg 3.75

**LUXURY HOT CHOCOLATE**  
140/280 kcal  
reg 3.75 lrg 4.25

**TEA** 2 kcal  
breakfast tea / herbal teas  
reg 2.75 lrg 3.00

**ICED COFFEE** 15/25 kcal  
reg 3.00 lrg 3.25

**FRAPPÉ** 293/366 kcal  
vanilla or chocolate  
reg 3.50 lrg 4.00

**SIDES**

**BAKER'S BASKET** 863 kcal  
butter and preserves  
6.00

**TOASTED SALMON BAGEL** 348 kcal  
cream cheese  
9.00

**2 EGGS** 240 kcal  
cooked as you like them  
3.00

**GRILLED BACK BACON** 70 kcal  
3.50

**PORK SAUSAGE** 90 kcal  
3.50

**OVEN BAKED HAM** 162 kcal  
3.50

**OVEN ROASTED HASH BROWNS** 154 kcal  
3.00

**COLD PRESSED JUICE & BLENDS**

**FRESH JUICES 330ML** 135 kcal  
seasonal selection  
3.95

**JETLAG CURE** 201 kcal  
pineapple, parsley, grapefruit and celery  
3.95

**REJUVENATE** 139 kcal  
carrot, ginger and apple  
3.95





