

# BREAKFAST



## CLASSIC BREAKFAST

<b>All British Breakfast</b> 1113 kcal	18.50
Eggs any style, Sausage, Bacon, Hash Brown, Tomato, Toast, Juice, Tea or Coffee	

## FRUIT, YOGURTS & CEREALS

<b>Granola Parfait</b> 207 kcal	7.00
Yogurt, Pearl Barley, Apples, Goji Berries, Cinnamon Syrup	
<b>Coconut Overnight Banana Oatmeal</b> 444 kcal	8.00
Pumpkin, Vanilla, Passion Fruit	
<b>Chia Breakfast Pudding VE</b> 136 kcal	8.00
Almond Milk, Raspberries, Fruit, Toasted Almonds	
<b>Cut Fruit Selection VE</b> 225 kcal	6.00
Sweet Pineapple, Melon, Watermelon, Strawberries	
<b>Granola</b> 622 kcal	7.50
Natural Yoghurt, Berries	

## SIGNATURES

<b>Eggs Benedict</b> 385 kcal	9.00
Poached Eggs, English Muffin, Ham, Hollandaise	
<b>Buttermilk Pancakes</b> 616 kcal	8.00
Golden Syrup, Raspberries, Blueberries	
<b>Hot Porridge</b> 210 kcal	7.00
Cinnamon, Maple Syrup, Toasted Almonds	

## EGGS

<b>Classic Omelette</b> 367 kcal	11.00
Ham, Cheddar, Hash Brown	
<b>Egg White Omelette</b> 229 kcal	11.00
Spinach, Tomato, Goat's Cheese, Hash Brown	
<b>Smoked Salmon Omelette</b> 373 kcal	13.00
Cream Cheese, Hash Brown	
<b>Scrambled Eggs</b> 952 kcal	13.00
Bacon, Grilled Tomato, Toast	
<b>Scrambled Eggs</b> 507 kcal	8.00
Toasted Sourdough	

## LOCAL

<b>Grilled Bacon Sandwich</b> 602 kcal	9.00
Toasted Sourdough Bread	
<b>Toasted English Muffin</b> 777 kcal	9.00
Pork Sausage	
<b>Toasted English Muffin</b> 420 kcal	8.00
Fried Egg	
<b>Breakfast Pan</b> 1277 kcal	15.00
Grilled Back Bacon, Fried Eggs, Cheddar, Sourdough Bread	
<b>Smoked Salmon</b> 318 kcal	12.00
Avocado, Watercress, Wholemeal Toast	

## SIDES

<b>Bakers Basket</b> 824 kcal	13.00
Butter, Preserves	
<b>Toasted Salmon Bagel</b> 527 kcal	13.00
Cream Cheese	
<b>2 Eggs Any Style</b> 15 kcal	3.00
<b>Scrambled Eggs</b> 263 kcal	3.00
<b>Bacon</b> 651 kcal	3.50
Grilled Back Bacon	
<b>Sausage</b> 342 kcal	3.50
Pork Sausage	
<b>Ham</b> 143 kcal	3.50
Oven Baked	
<b>Hash Brown</b> 155 kcal	2.50
Oven Baked	
<b>Wholegrain Toast</b> 204 kcal	2.50
<b>English Muffins</b> 463 kcal	3.00
Toasted and Buttered	

## BEVERAGES

<b>Filter Coffee</b> 1 kcal	3.00
<b>Decaf Coffee</b> 1 kcal	3.00
<b>English Breakfast Tea</b> 1 kcal	3.00
<b>Decaf English Breakfast Tea</b> 1 kcal	3.00
<b>Green Tea</b> 1 kcal	3.00
<b>Mint Tea</b> 1 kcal	3.00
<b>Orange Juice</b> 141 kcal	3.00
<b>Apple Juice</b> 138 kcal	3.00
<b>Cranberry Juice</b> 147 kcal	3.00