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## Afternoon Tea,

### A very English Tradition

Tea, that most quintessential of English drinks, is a relative latecomer to British shores. Although the custom of drinking tea dates back to the third millennium BC in China, it was not until the mid-17th century that tea first appeared in England.

Afternoon tea was introduced in England by Anna, the seventh Duchess of Bedford, in the year 1840. The Duchess would become hungry around four o'clock in the afternoon. The evening meal in her household was served fashionably late at eight o'clock, thus leaving a long period of time between lunch and dinner. The Duchess asked that a tray of tea, bread and butter and cake be brought to her room during the late afternoon. This became a habit of hers and she began inviting friends to join her.

This pause for tea became a fashionable social event and during the 1880's upper-class and society women would change into long gowns, gloves and hats for their afternoon tea which was usually served in the drawing room between four and five o'clock.

### Traditional Afternoon Tea (Monday to Sunday)

Traditional afternoon tea (3163 kcal)	50
Served with a glass of Prosecco (3243 kcal)	55
Served with a glass of Lanson champagne (3253 kcal)	60

\*\* Prices displayed are Per Person\*\*

\*\* Maximum seating for all reservations is two hours from booking time\*\*

Breakfast Tea

English Breakfast

The perfect “pick-me-up” tea to drink at any time of the day. The traditional English breakfast tea is both bright and full-bodied.

Marylebone Breakfast

Marylebone Breakfast Tea is a satisfying combination of full bodied, second flush, orthodox Assam and bright, seasonal, high grown Kenyan tea.

Black Teas

Bukhial Assam

This smooth tasting Assam tea offers a rich malty flavor, accompanied by subtle notes of spices and honey.

Margaret's Hope Darjeeling

Margaret's Hope Darjeeling Tea is a 2nd Flush Darjeeling with a delicate grapey sweetness flavour and hints of blackcurrants that create an almost wine-like taste.

Lovers Leap Ceylon

A medium bodied, flavoursome tea from one of the best tea gardens in Sri Lanka, offering gentle citrus notes with a refreshing finish.

Classic Royal Tea Blend

Full bodied with a wonderful depth of flavour, Classic Royal harnesses toasty notes from the Darjeeling, true malty flavour from the Assam and a bright, lively flavour from the premium Ceylon tea.

Caramel Cream Flavoured Black Tea

Butterscotch taste blended with natural flavour of creamy caramel, a hint of vanilla and premium Ceylon black tea.

Earl Grey

A light tea, pale gold in colour using natural flavours and oils balanced with the natural brightness of Ceylon tea that gives the Earl Grey its distinctive flavour of bergamot without the overpowering perfume.

Signature Festive Cocktail

Royal Earl Grey Fizz

Earl Grey infused Gin, sugar syrup, lemon juice, soda water, Lanson champagne

£ 15

Champagne

125ml

750ml

Lanson Black Label Brut NV

France

£15.50

£90

Lanson Brut Rose NV

France

£100

Prosecco / Sparkling Wine

125ml

750ml

Da Luca

Italy

£8

£40

Graham Beck Brut NV

South Afrcia

£50



## Traditional Afternoon Tea

### A selection of traditional sandwiches

Prawn and crayfish with cognac marie rose 220kcal  
(Contains: Cr, E, M, Su, G, S, Mu, F)

Hot smoked salmon brioche, dill crème fraiche 192kcal  
(Contains: F, G, M, E, S)

Egg mayonnaise, cress 287kcal  
(Contains: G, E, Mu)

Turkey with cranberry, sage & onion stuffing 199kcal  
(Contains: Su, G)

Quiche Royale 160kcal  
(Contains: E, M, G, S)



Plain scones 209kcal (Contains: G, E, M) and sultana scones 209kcal (Contains: G, E, M, SU),  
Strawberry jam 130kcal and clotted cream 234kcal (Contains: M)

Mince Pies 225kcal  
(Contains: G / May contain: E, M, N, S)

### A selection of hand-made pastries (suitable for vegetarians)

Winter spiced fruit cake, mascarpone frosting 325kcal (to share)  
(Contains: G, E, M, S, Su)

Chocolate and coffee opera 251kcal (to share)  
(Contains: E, G, M, S, Su / May contain: N, P)

Cherry frangipane bauble tart 133kcal  
(Contains: G, E, M, S, N, P)

Coconut choux snowball 251kcal  
(Contains: G, E, M, S)

Clementine and cardamon mousse Christmas tree 221kcal **(Not suitable for vegetarians)**  
(Contains: G, E, M, S)

Lemon cheesecake 186kcal **(Alternative option for vegetarians)**  
(Contains: S, / May contain: N, P, SS, E, G, M, Su)

## Vegetarian or Vegan Afternoon Tea

**(A minimum of 48 hours' notice is required for gluten and vegan options)**

### A selection of sandwiches

Plant based chicken, cranberry, sage stuffing, wrap 122kcal  
(Contains: G)

Cucumber, whipped vegan feta, kaffir, mint, white bread 178kcal  
(Contains: G, S)

Tofu, truffle vegan mayo, watercress, white bread 156kcal  
(Contains: G, S)

Grilled artichoke, piquillo peppers, roasted tomato chutney on mini brioche 168kcal  
(Contains: G)

Grilled aubergine, spiced pear and nigella seed chutney, rocket on white bread 186kcal  
(Contains: G, S)



Plain scones 209kcal (Contains: G, S) and sultana scones 209kcal (Contains: G, S, SU)  
Strawberry jam 130kcal (no allergens), Margarine spread (no allergens)

### A selection of hand-made pastries suitable for vegans

Carrot cake 145kcal  
(Contains: G, S, N, P / May contain: Mu, SS)

Red velvet cupcake 321kcal  
(Contains: G / May contain: N, P, M, E)

Millionaire's short bread 226kcal  
(Contains: S, N, P / May contain: M)

Lemon cheesecake 186kcal  
(Contains: S / May contain: N, P, SS, E, G, M, Su)

Raspberry frangipane tart 142kcal  
(Contains: S, N / May contain: P)





## Hot Beverages

(Incuded in the afternoon tea)

Espresso  
Double espresso  
Americano  
Macchiato  
Café Latte  
Cappuccino  
Flat White  
Hot Chocolate

Soya, oat and almond milk are available on request

## Herbal Infusions

### Delicious Berry Fruit

A full-bodied, fruity, slightly tart flavour with a smooth, natural sweetness. Caffeine-free and 100% plant-based.

### Tropical Mango

Natural dried apple pieces, Hibiscus, Rosehip and natural flavours, tropical mango fruit tea has such a great flavour without being overly sweet, packed with vitamin C and caffeine free.

### Exotic Strawberry and Kiwi

Bold and intense strawberry and kiwi flavours make for a truly thirst-quenching tea.

### Clanwilliam Rooibos

Aromatic, herbal tea that's caffeine-free and is named after the area in South Africa where the original commercial cultivation of Rooibos took place.

### Zesty Lemon Rooibos

Combining lemon with this premium Rooibos herbal tea invigorates the natural Rooibos sweet taste. Zesty Lemon Rooibos Tea has both smoothness and the slightly tart citrus edge of lemons.

### Together Mint

A truly refreshing blend combining peppermint and spearmint leaves with blue cornflower petals for decoration. A great tea which is caffeine free and a refreshing drink anytime of the day.

### Rocket Blast Children's Fruit Tea

A children's fruit tea fit for any budding astronaut! Packed with delicious fruits and herbs with an amazing fruity taste, this herbal tea makes a really great caffeine-free drink.

## Green Tea

### Jasmine Blossom

Green tea with exotic eastern flavours of jasmine that blooms in May for the most intense aroma.

## Chai Teas

### Chantilly Cream Chai Cha

A flavoured white tea using Pai Mu Tan leaves from a vertical tea bush known as Narcissus (Chaicha) blended with an array of floral petals and naturally flavoured with Pomegranate and vanilla.

### Jasmine Chai

Jasmin, Rose and Lavender petals add exquisite floral notes to a traditional chai mix blend with a full-bodied Assam. A warming spice flavour is provided by ginger and cardamom mixed with cinnamon, cloves and nutmeg

