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BONVOY



## Afternoon Tea,

## A very English Tradition

Tea, that most quintessential of English drinks, is a relative latecomer to British shores. Although the custom of drinking tea dates back to the third millennium BC in China, it was not until the mid-17th century that tea first appeared in England.

Afternoon tea was introduced in England by Anna, the seventh Duchess of Bedford, in the year 1840. The Duchess would become hungry around four o'clock in the afternoon. The evening meal in her household was served fashionably late at eight o'clock, thus leaving a long period of time between lunch and dinner. The Duchess asked that a tray of tea, bread and butter and cake be brought to her room during the late afternoon. This became a habit of hers and she began inviting friends to join her.

This pause for tea became a fashionable social event and during the 1880's upperclass and society women would change into long gowns, gloves and hats for their afternoon tea which was usually served in the drawing room between four and five o'clock.

## Traditional Afternoon Tea (Monday to Sunday)

Traditional afternoon tea (3163 kcal) £50.00
Served with a glass of Prosecco (4079 kcal) £55.00
Served with a glass of Lanson champagne (3203 kcal) £60.00

\*\* Prices displayed are Per Person\*\*

\*\* Maximum seating for all reservations is two hours from booking time\*\*

Whis four safety is our highest priority, please note that whilst we try our best to ensure your food is suitable for you, our dishes are prepared in areas in which allergenic ingredients are present. The menu shows which dishes do not contain certain allergenic ingredients as intentional ingredients, however we cannot guarantee that dishes are 100% religious from the ingredients due to the preparation process. If you have a food allergy, intolerance or coeliac disease – please speak to the staff about the ingredients in your food or drink before you order. Adults need around 2000 kcal a day. All prices include VAT at the current rate. A discretionary 12.5% service charge will be added to your bill. V = vegetarian VE = vegan GF = gluten free. C = Celery, G = Cereals containing Gluten; Cr = Crustaceans; E = Eggs; F = Fish; L = Lupin; M = Milk; Mo = Molluscs; Mu = Mustard; N = Nuts; P = Peanuts; SS = Sesame Seeds; S = Soya; Su = Sulphites.

#### Traditional Afternoon Tea

#### A selection of traditional sandwiches

Cucumber, lemon balm, wasabi mascarpone, white bread 20 kcal (Contains: G, M, S, Mu)

Egg mayo, dill, capers, piquillo peppers, white bread 287kcal (Contains: G, M, E, Mu)

Pulled pork, sauerkraut, pickled onion, gherkin, apple chutney on white bread 199kcal (Contains: G, M, Mu, Su)

Hot smoked salmon, cream cheese, tarragon, candied lemon peel, mini brioche 192kcal (Contains: G, M, F, Su)

Harissa poached chicken, Greek yoghurt, rocket wrap 160kcal (Contains: G, M)



Plain scones 209kcl (Contains: G, E, M) and sultana scones 209 kcal (Contains: G, E, M, SU), Strawberry jam 130kcl and clotted cream 234 kcal (Contains: M)

#### A selection of hand-made pastries (suitable for vegetarians)

Chocolate and almond cake with hazelnut praline cream 325kcal (to share) (Contains: E, M, S, N, P)

Salted caramel éclair 426kcal (Contains: G, E, M, S / May contain: N, P)

Fruit tart 133kcal (Contains: G, E, M, S / May contain: N, P)

Chocolate, coffee and orange opera 251kcal (Contains: E, G, M, S, Su / May contain: N, P)

Carrot cake 221kcal (Contains: E, G, M, \$ / May contain: N, P)

## Vegetarian or Vegan Afternoon Tea

(A minimum of 48 hours' notice is required for gluten and vegan options)

A selection of traditional sandwiches

Plant based Harissa chicken, Vegan mayo, rocket, wrap 155kcal (Contains: G)

Cucumber, lemon balm, wasabi, cream cheese, white bread 206kcal (Contains: G)

Tofu, dill, capers, piquillo, white bread 193kcal (Contains: G, S)

Grilled courgette, preserved lemon, pesto on white bread 215kcal (Contains: G)

Grilled artichoke, olive tapenade, on mini brioche 163kcal (Contains: G)



Plain scones 209kcl (Contains: G, S) and sultana scones 209kcl (Contains: G, S, SU) Strawberry jam 130kcl (no allergens), Margarine spread (no allergens)

#### A selection of hand-made pastries suitable for vegans

Carrot cake 145kcal (Contains: G, S, N, P / May contain: Mu, SS)

Red velvet cupcake 321kcal (Contains: G / May contain: N, P, M, E)

Millionaire's short bread 226kcal (Contains: S, N, P / May contain: M)

Lemon cheesecake 186kcal (Contains: S, / May contain: N, P, SS, E, G, M, Su)

Raspberry frangipane tart 142kcal (Contains: S, N / May contain: P)

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#### **Breakfast Tea**

#### **English Breakfast**

The perfect "pick-me-up" tea to drink at any time of the day. The traditional English breakfast tea is both bright and full-bodied.

#### Marylebone Breakfast

Marylebone Breakfast Tea is a satisfying combination of full bodied, second flush, orthodox Assam and bright, seasonal, high grown Kenyan tea.

#### **Black Teas**

#### **Bukhial Assam**

Grown on the south side of the Brahmaputra river in the remote region of Nagaland, this Assam tea grows slowly with a lower yield resulting in the intense flavours of strong and rounded Malt.

#### Margaret's Hope Darjeeling

Margaret's Hope Darjeeling Tea is a 2nd Flush Darjeeling with a distinctive muscatel flavour and hints of blackcurrants that create an almost wine-like taste.

#### **Lovers Leap Ceylon**

A truly delightful, medium bodied, flavoursome tea from one of the best tea gardens in Sri Lanka. Grown at high altitude amongst steep hills you can be sure of tasting a wonderful piquant cup with real Ceylon Tea.

#### Classic Royal Tea Blend

Full bodied with a wonderful depth of flavour, Classic Royal harnesses toasty notes from the Darjeeling, true malty flavour from the Assam and a bright, lively flavour from the premium Ceylon tea.

#### Caramel Cream Flavoured Black Tea

Butterscotch taste blended with natural flavour of creamy caramel, a hint of vanilla and premium Ceylon black tea.

#### **Earl Grey**

A light tea, pale gold in colour using natural flavours and oils balanced with the natural brightness of Ceylon tea that gives the Earl Grey its distinctive flavour of bergamot without the overpowering perfume.

#### **Herbal Infusions**

#### **Delicious Berry Fruit**

A full-bodied, fruity, slightly tart flavour with a smooth, natural sweetness. Caffeine-free and 100% plant-based.

#### **Tropical Mango**

Natural dried apple pieces, Hibiscus, Rosehip and natural flavours, tropical mango fruit tea has such a great flavour without being overly sweet, packed with vitamin C and caffeine free.

#### **Exotic Strawberry and Kiwi**

Bold and intense strawberry and kiwi flavours make for a truly thirst-quenching tea.

#### Clanwilliam Rooibos

Aromatic, herbal tea that's caffeine-free and is named after the area in South Africa where the original commercial cultivation of Rooibos took place.

#### **Zesty Lemon Rooibos**

Combining lemon with this premium Rooibos herbal tea invigorates the natural Rooibos sweet taste. Zesty Lemon Rooibos Tea has both smoothness and the slightly tart citrus edge of lemons.

#### **Together Mint**

A truly refreshing blend combining peppermint and spearmint leaves with blue cornflower petals for decoration. A great tea which is caffeine free and a refreshing drink anytime of the day.

#### Rocket Blast Children's Fruit Tea

A children's fruit tea fit for any budding astronaut! Packed with delicious fruits and herbs with an amazing fruity taste, this herbal tea makes a really great caffeine-free drink.

#### Green Tea

#### **Jasmine Blossom**

Green tea with exotic eastern flavours of jasmine that blooms in May for the most intense aroma.

#### Chai Teas

#### **Chantilly Cream Chai Cha**

A flavoured white tea using Pai Mu Tan leaves from a vertical tea bush known as Narcissus (Chaicha) blended with an array of floral petals and naturally flavoured with Pomegranate and vanilla.

#### Jasmine Chai

Jasmin, Rose and Lavender petals add exquisite floral notes to a traditional chai mix blend with a full-bodied Assam.

A warming spice flavour is provided by ginger and cardamom mixed with cinnamon, cloves and nutmeg.

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## **Hot Beverages**

(Inculed in the afternoon tea)

Espresso

Double espresso

Americano

Macchiato

Café Latte

Cappuccino

Flat White

Hot Chocolate

Soya, oat and almond milk are available on request

### **Iced Tea Selection**

Strawberry Iced Tea £ 4.00

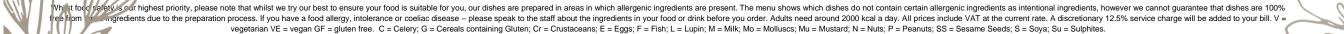
Raspberry Iced Tea £ 4.00

Pineapple Ginger Iced Tea £ 4.00

## Signature Afternoon Tea Cocktail

Royal Earl Grey Fizz Earl Grey infused Gin, sugar syrup, lemon juice, soda water, Lanson champagne		£ 15.00
Champagne	125ml	750ml
Lanson Black Label Brut NV France	£15.50	£90.00
Lanson Brut Rose NV France		£100.00
Prosecco / Sparkling Wine	125ml	750ml
<b>Da Luca</b> Italy	£8.00	£40.00
Graham Beck Brut NV		£50.00





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