

# MANHATTAN GRILL WEST INDIA QUAY

"All happiness depends on a leisurely breakfast"

John Gunther

All British Breakfast	17.50
Choice of eggs, sausages, bacon, hash brown, tomato, mushroom, baked beans and toast. (Vegetarian sausages available) (807 cal)	
Continental Plate	14.50
Choice of sliced meats, smoked fish, cheese, toast, croissant and condiments (455 cal)	
Billingsgate Breakfast	12.50
3-egg omelette, smoked salmon, spring onion and toast (280 cal)	
Eggs Benedict*	12.50
2-eggs, toasted English muffin, back bacon and hollandaise sauce (428 cal)	
Eggs Royale *	12.50
2-eggs, toasted English muffin, back bacon and hollandaise sauce (743 cal)	
Eggs Florentine (V)*	12.50
2-eggs, toasted English muffin, back bacon and hollandaise sauce (243 cal)	
Omelette	9.00
3-eggs, up to three fillings (egg white also available)	
Cheddar - tomato - mushroom - red onion - ham (112 cal)	
Smashed Avocado Toast (VG)*	8.50
Chili coriander lime (360 cal)	
Canary Pancake	12.00
Choice of nutella, berries compote, maple syrup and butter (320 cal)	

2 Hash Browns (180 cal)	4.50
Baked Beans (80 cal)	4.50
Bacon or 2 Sausages (220 cal)	4.50
2 Eggs any style (poached 150 cal)	6.00

Hot Porridge	8.50
Cinnamon, maple syrup and berries compote (180 cal)	
Granola Parfait	8.00
Yogurt, apples, goji berries and cinnamon syrup (302 cal)	
Overnight Chia Seed Pudding (VG)	8.00
Berries, fruits, almond milk, maple syrup and toasted almonds (200 cal)	
Cereal	5.00
Corn Flakes - Bran Flakes - Muesli - Special K - Coco Pops - Crunchy Nut - Rice Krispies (80 cal)	
Smoothie	7.00
Banana - Strawberry (200 cal)	
Cold-Press Classic Green*	7.00
Cucumber, spinach, green apple, celery and mint (200cal)	
Cold-Press Jetlag Cure*	7.00
Carrot, ginger, pineapple, lemon and grapes (220cal)	
Bakers Basket	7.00
Two slices white or wholemeal toast, butter and preserves (toasted on request) (280 cal)	
Freshly Baked Pastry Basket	7.00
Croissant, Danish pastry and chocolate muffin (375 cal)	
Fresh Fruit Seasonal Salad	7.00
Greek Yogurt (263 cal)	
Yoghurt	3.00
(120 cal)	

Coffee	4.50	Tea	5.00	Juice	4.00	Water	5.00
Filter coffee - Americano - Cappuccino - Latte		English Breakfast - Green - Red Fruit		Fresh orange juice - Fresh Apple Juice - cranberry		Still - Sparkling	

\* Items are not included in the Breakfast Package

All prices include VAT at the prevailing rate. If you have concerns regarding food allergies, please advise your server prior to ordering. A discretionary 12.5% service charge will be added to your bill.