






2		STARTERS		LIGHTER BITES	
CAST IRON		SMOKED PAPRIKA SPICED SQUID <i>Chilli jam, charred lime</i> <i>contains: G, Mu, Mo</i>	£10	THIS ISN'T CHICKEN WINGS (VE) <i>Vegan 'chicken' wings, FRANKS REDHOT® Buffalo Wings Sauce, celery</i> <i>contains: S, Mu, C</i>	£10
NIBBLES	WHIPPED FETA & HONEY (V, GF) <i>Grilled pitta bread</i> <i>contains: M</i>	SOUP OF THE DAY <i>Artisan bread, salted butter</i> <i>Please ask your server about the allergens in this dish</i>	£8	BURRATA SALAD (V) <i>Isle of Wight tomatoes, basil pesto</i> <i>contains: M, Su</i>	£12
		TEMPURA KING PRAWNS <i>Garlic aioli</i> <i>contains: E, Mu, G, Cr</i>	£12	BLACK PUDDING BON BON <i>Smoked baconnaise, watercress</i> <i>contains: E, Mu, G</i>	£12
		SUPERFOOD FALAFEL (VE) <i>Harissa hummus, flatbread, olives</i> <i>contains: SS</i>	£10	BUTTERMILK CHICKEN WINGS <i>Spring onion, chilli, peppers, blue cheese sauce</i> <i>contains: G, M, C, E</i>	£10
	HONEY & MUSTARD CHIPOLATAS <i>Pork skin popcorn</i> <i>contains: Mu, Su, G</i>	CHICKEN & HERB TERRINE <i>Truffle mayonnaise, grilled sourdough, prosciutto, baby leaves</i> <i>contains: G, E</i>	£11		
	MIXED MARINATED OLIVES (VE)				
		KING PRAWN LINGUNE <i>King prawns, parsley, tomato chilli sauce, lime</i> <i>contains: G, Cr</i>	£19	CLASSIC CAESAR SALAD <i>Gem lettuce, Caesar dressing, Parmesan shavings, artisan bread croutons, anchovies</i> <i>contains: F, M, E, G</i>	£14
		SUPERFOOD POKE BOWL SALAD (VE) <i>Carrot and courgette noodles, shredded cabbage, spinach, edamame beans, crispy onions, teriyaki, soy dressing</i> <i>contains: S, SS, Su, G</i>	£14	ADD SALAD EXTRAS	£5
		CHICKEN	£5	KING PRAWN SKEWERS <i>contains: Cr</i>	£6
		CHAR-GRILLED HALLOUMI <i>contains: M</i>	£5		

FROM THE GRILL		BURGERS	
OUR MISSION <i>All our dishes focus on both local suppliers and great ingredients, whilst focusing on our commitment to reduce food waste. You can therefore enjoy delicious food knowing that you are making a positive impact on both the environment and the community.</i>		BEEF BURGER <i>Crispy bacon, cheddar, lettuce, tomato relish, fries</i> <i>contains: M, E, Su, G, C</i>	£19
	PORK CHOP £22 <i>8oz: packed with flavour</i>	THE BEYOND BURGER (VE) <i>Gem lettuce, beef tomato, vegan mayonnaise, fries</i> <i>contains: Su, G, C, Mu</i>	£19
	FLAT IRON CHICKEN £20 <i>8oz: packed with flavour</i> <i>contains: Su</i>	KOREAN CHICKEN BURGER <i>Gem lettuce, tomato, gochujang BBQ sauce, sweet potato fries</i> <i>contains: Su, G, C, E, M, S, SS</i>	£19
	TUNA LOIN £22 <i>170g: fresh, juicy loin</i> <i>contains: F</i>		
	RIB EYE £37 <i>10oz: rich, juicy and full flavoured</i>		
	SIRLOIN £28 <i>6oz: tender and juicy prime cut</i>		
- ALL GRILLED MAINS ARE SERVED WITH CONFIT TOMATO & FRIES -			

MAINS		CONFIT PORK BELLY	
CHICKEN CLUB SALAD <i>Bacon, soft egg, new potatoes, gem lettuce, sun-dried tomatoes, French dressing</i> <i>contains: E, M, G</i>	£19	CONFIT PORK BELLY <i>Pea and pancetta fricassée, parmentier potatoes, braised gem lettuce, red wine jus</i> <i>contains: C, Su, S</i>	£22
LAMB ROGAN JOSH <i>Basmati rice, naan bread</i> <i>contains: G, C</i>	£19	BEETROOT & GOATS CHEESE TORTELLINI (V) <i>Pine nuts, fresh basil, olive oil</i> <i>contains: G, M, E, N</i>	£18

SIDES		SAUCES	
SKINNY FRIES (V, GF)	£5	Peppercorn <i>contains: C, Su, M</i>	£4
TRUFFLE PARMESAN FRIES (V) <i>contains: M</i>	£6	Bearnaise <i>contains: E, M</i>	
INVISIBLE CHIPS <i>0% calories, 100% charity. All proceeds go to Hospitality Action who are committed to getting the hospitality industry back on its feet, one portion of 'chips' at a time.</i> <i>www.invisiblechips.org.uk</i>	£4	Chimichurri <i>contains: Su</i>	
		GRILLED FLAT MUSHROOMS (V) <i>Rosemary and garlic oil</i>	£5
		BEER BATTERED ONION RINGS (V) <i>contains: G, Su</i>	£5

Whilst food safety is our highest priority, please note whilst we try our best to ensure your food is suitable for you, our dishes are prepared in areas in which allergenic ingredients are present. The menu shows which dishes do not contain certain allergenic ingredients as intentional ingredients, however we cannot guarantee that dishes are 100% free from these ingredients due to the preparation process. If you have a food allergy, intolerance, or coeliac disease - please speak to the staff about the ingredients in your food and drink before you order.

(V) vegetarian (VE) vegan (GF) gluten free. All prices include VAT at the current rate. A discretionary 12.5% service charge will be added to your bill.

C = Celery; Cr = Crustaceans; E = Eggs; F = Fish; G = Cereals containing Gluten; L = Lupin; M = Milk; Mo = Mustard; N = Nuts; P = Peanuts; S = Soy; SS = Sesame Seeds; Su = Sulphites.