

ZEST

BREAKFAST (Until 11am)

BREAKFAST BAP

bacon (G,SS)	£6	171 kcal
sausage (G,C,Su,E,M,Mu,S,SS)	£6	576 kcal
egg (G,E,SS)	£6	146 kcal
add extra £2 each		

THE WORKS

bacon, sausage, choice of eggs and hash browns (G,C,Su,E,M,Mu,S)	£13	989 kcal
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PORRIDGE

with semi or whole milk (G,M)	£7	296 kcal
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AMERICAN PANCAKE STACK

pancakes with crispy bacon and maple syrup (G,E,M)	£9	793 kcal
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LIGHT BITES

MARINATED OLIVES	£4	152 kcal
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WARM ARTISAN BREAD

(G,E,M,N,SS,S,Su)	£6	1183 kcal
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SOUP OF THE DAY

bread and butter (C,G,M,E,N,SS,S,Su)	£7	576 kcal
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NACHOS

with sour cream, salsa, cheddar, jalapeños (M)	£10	546 kcal
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LEMON & HERB SQUID

with sriracha mayonnaise (G,E,F,Mo,Mu,Su)	£10	355 kcal
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HOT 'N' SPICY CHICKEN WINGS,

CHIVE SOUR CREAM (G,M)	£10	1566 kcal
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HERITAGE TOMATO & BOCCONCCINI MOZZARELLA

SALAD (C,G,M,Mu,N,SS,S,Su)	£10	152 kcal
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**Zero waste dish create to align with Marriotts commitment to be a responsible business*

CAESAR SALAD

with parmesan, croutons, lettuce, dressing, anchovies (G,E,F,M,N,SS,S,Su)	Small / Large £10 341 kcal £14 341 kcal
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Add grilled chicken £5 425 Kcal

Add smoked salmon (F) £5 370 Kcal

Add halloumi (M) £5 425 Kcal

*If you have any allergies please speak to a member of our team.
We always endeavour to manage the unintentional presence of allergens
through potential cross-contact, however we cannot guarantee that any
of our foods are allergen free or suitable for those with allergies.
Please speak with our trained staff about allergens.*

SANDWICHES

TUDOR CLUB SANDWICH

chicken, bacon, lettuce, tomato, mayonnaise and fries (G,E,M,Mu,S)	£15	647 kcal
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CHEESE TOASTIE

with crisps (G,M)	£8	756 kcal
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HAM, CHEESE & TOMATO

with crisps (G,M)	£12	543 kcal
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MEXICAN CAJUN CHICKEN

WRAP, FRENCH FRIES (G,E,M,Mu,Su)	£13	686 kcal
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MEDITERRANEAN VEGETABLE

WRAP, FRENCH FRIES (G,E,M,Mu,Su)	£13	605 kcal
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MAINS

TUDOR CLASSIC BURGER

beef patty, crispy bacon, cheese, brioche bun, fries (G,E,M,Mu,SS,S,Su)	£19	1140 kcal
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CRISPY CHICKEN BURGER

guacamole, gem lettuce, mayonnaise, fries (G,E,M,Mu,SS,S)	£19	1485 kcal
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FISH 'N' CHIPS

mushy peas, tartare sauce, lemon wedge (G,E,F,M,Mu,Su,S)	£19	555 kcal
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THE BEYOND BURGER (G,SS)

	£19	774 kcal
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HAM, EGG & CHIPS

served with a side salad (E,Mu)	£12	347 kcal
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CHARGRILLED CHICKEN

SKEWERES mangalore sauce, naan bread & rice (C,G,M,Mu,Su)	£21	491 kcal
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PIZZAS

RUSTIC CLASSIC

mozzarella, tomato sauce and herbs (G,M) Add any 3 toppings for £5 - tomato, peppers, onions, jalapeño, ham, salami, pepperoni, chicken	£16	975 kcal
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SIDES

FRENCH FRIES	£5	209 kcal
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CHEESY CHIPS (M)	£6	413 kcal
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ONION RINGS (G,Su)	£5	550 kcal
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MARKET SIDE SALAD (C,G,Mu)	£5	57 kcal
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