

CAST IRON

NIBBLES

GOAT'S CHEESE CROQUETTES

(305 / 503 kcal)
(contains E, G, M)

6.00 small / 10.00 large

TEMPURA PRAWN

sweet chilli sauce (223 kcal)
(contains Cr, G, S / may contain F, Mo)

8.00

ARTISAN BREAD TIN

olive oil, balsamic, flavoured butter & potato skin crisps (629 kcal)
(contains G, M, S, Su / may contain C, E, Mu, N, SS)

6.00

MIXED MARINATED OLIVES

(246 kcal) (contains N, P, SS / may contain E, M)

6.00

STARTERS

LEMON & HERB SQUID

black garlic mayonnaise (294 kcal)
(contains E, G, M, Mo, Mu, S / may contain C, Cr, F, Su)

11.00

BEEF SHORT RIB BONBON

burnt onion purée & jus (406 kcal)
(contains C, E, G, M)

11.00

CHICKEN & APRICOT TERRINE

brussel sprout slaw & beetroot bread (220 kcal) (contains G, Mu, S, Su / may contain C, SS)

11.00

GLAZED ROSARY GOAT'S CHEESE & BABY POACHED PEAR

pickled shallots, baby leaf & candied walnuts (357 kcal)
(contains M, Mu, N, P, Su)

11.00

WINTER BRUSCHETTA

caramelised butternut squash, red onion & ricotta (145 kcal)
(contains G, M, S / may contain N, SS)

6.00

SEA SEARED SCALLOPS

maple glazed belly pork, corn purée & red wine jus (417 kcal)
(contains M, Mo, Su / may contain Cr, F)

14.00

CRISPY CAULIFLOWER

spiced mayonnaise (375 / 691 kcal)
(contains E, G, M, Mu, S, Su / may contain N, P)

8.00 small / 12.00 large

SOUP OF THE DAY

artisan bread & salted butter (440 kcal)
please ask your server for today's soup & additional allergen information.

(contains C, G, M, S, SS, Su / may contain Mu, N)

8.00

LIGHTER BITES

CLASSIC CAESAR

cos lettuce, Caesar dressing, Parmesan shavings & anchovies (134 / 268 kcal)
(contains E, F, G, M, S, Su / may contain C, N, SS)

8.00 small / 12.00 large

HONEYED WINTER SALAD

kale, butternut squash, cranberries, mixed seeds & Dijon vinaigrette (90 / 135 kcal)
(contains G, M, Mu, Su / may contain N, P, S, SS)

8.00 small / 12.00 large

ADD SALAD EXTRAS

chicken (105 kcal) 5.00

smoked salmon (125 kcal) 5.00

(contains F / may contain C)

chargrilled halloumi (223 kcal) 4.00

(contains E, M / may contain C)

ATLANTIC PRAWN & CHORIZO TAGLIATELLE

pangrattato crumb (604 / 1209 kcal)
(contains C, Cr, E, G, M, Mu, S, SS / may contain F, Mo)

14.00 small / 20.00 large

THE CAST IRON MISSION

All our Cast Iron dishes focus on both local suppliers and great ingredients, whilst focusing on our commitment to reduce food waste. You can therefore enjoy delicious food knowing that you are making a positive impact on both the environment and the community.

ALL OUR STEAKS ARE SERVED WITH CONFIT TOMATO AND FRIES

FROM THE GRILL

(all steaks may contain C, G, N, Su)



SAUCES

4.00

peppercorn (435 kcal) (contains C, M, Su / may contain L) | béarnaise (365 kcal) (contains E, M / may contain C, Su)

Blacksticks blue cheese (245 kcal) (contains C, M, Su / may contain L) | chimichurri (105 kcal) (may contain C, N, SS)

BURGERS

CAST IRON BURGER*

beef patty, crispy bacon, cheddar, smoky chipotle sauce & fries (1363 kcal)
(contains E, G, M, Mu, S, SS, Su / may contain C, N)

19.00

*£1 FROM THE SALE OF EVERY BURGER TO BENEFIT

magic breakfast

THE BEYOND BURGER

vegan brioche bun, gem lettuce, beef tomato, smoky chipotle sauce & fries (2476 kcal)
(contains G, Mu, SS / may contain C, N)

19.00

CRISPY CHICKEN BURGER

gem lettuce, tomato, guacamole, mayonnaise & fries (1318 kcal)
(contains E, G, M, Mu, S, SS, Su / may contain C, N)

18.00

MAINS

CHICKEN THEODORE

potato gratin, garden vegetables & creamy Bordelaise sauce (575 kcal)
(contains M, Su / may contain C, Mu)

22.00

LAMB RUMP

goat's cheese croquette, kale & jus (575 kcal)
(contains E, G, M, Su / may contain S)

26.00

CONFIT PORK BELLY

creamed mash potato, apple purée & roasted cauliflower (1962 kcal)
(contains M / may contain C, Mu)

19.00

LOW & SLOW BABY BACK RIBS

Jack Daniel's BBQ sauce & fries (805 kcal)
(contains G, Mu / may contain C)

19.00

FISH & CHIPS

Atlantic cod in ale batter, fries, crushed peas & tartare sauce (801 kcal)
(contains E, F, G, M, Mu, Su)

18.00

ROASTED STONE BASS

sweet potato & chilli mash, braised red cabbage & salsa verde (406 kcal)
(contains F, Su / may contain C, Mu)

20.00

GNOCCHI OF SQUASH & SAGE

roasted squash seeds (246 / 369 kcal)
12.00 small / 16.00 large

SIDES

BUTTERED WINTER GREENS

(134 kcal) (contains M, Su / may contain C)

5.00

PARMESAN FRIES

(334 kcal) (contains M / may contain G)

5.50

STEAK CHIPS

(343 kcal) (may contain G)

5.00

ROASTED ROOT VEGETABLES

(92 kcal) (contains C)

5.00

SKINNY FRIES

(236 kcal) (may contain G)

5.00

BEER BATTERED ONION RINGS

(163 kcal) (contains G)

6.00

CREAMED MASH POTATO

(305 kcal) (contains M)

4.00

Whilst food safety is our highest priority, please note whilst we try our best to ensure your food is suitable for you, our dishes are prepared in areas in which allergenic ingredients are present. The menu shows which dishes do not contain certain allergenic ingredients as intentional ingredients, however we cannot guarantee that dishes are 100% free from these ingredients due to the preparation process. If you have a food allergy, intolerance, or coeliac disease – please speak to the staff about the ingredients in your food and drink before you order. Thank you. Adults need around 2000 kcal a day. Vegetarian (V) vegan (V) gluten free (GF) This zero waste dish has been created to align with Marriott's commitment to be a responsible business and adopt sustainable practices by embracing The PLEDGE™ on Food Waste Certification. All prices include VAT at the current rate. A discretionary 12.5% service charge will be added to your bill. C = Celery; Cr = Crustaceans; E = Eggs; F = Fish; G = Cereals containing Gluten; L = Lupin; M = Milk; Mo = Molluscs; Mu = Mustard; N = Nuts; P = Peanuts; S = Soya; SS = Sesame Seeds; Su = Sulphites. Magic Breakfast (charity no. 1102510 in England and SC048202 in Scotland) provides nutritious school breakfasts to children at risk of hunger in disadvantaged areas of the UK.

SCAN QR CODE TO SEE OUR FOOD WASTE POLICY

