



# CAST IRON

## VALENTINE'S MENU

### AMUSE-BOUCHE

#### SMOKED SALMON & CREAM CHEESE ON BEETROOT TOAST

rose caviar

contains (G, F, M, SS, S) 92 kcal

### STARTER

#### ROAST PLUM TOMATO & RED PEPPER SOUP

basil oil, warm bread roll & butter

(VE, GF available)

contains (C, G, M, MU, N, SS, SU) 366 kcal

#### SEARED SEA SCALLOPS

sweetcorn puree, grilled baby chorizo, red wine jus

contains (MO, M, SU) 417 kcal

#### SHIN OF BEEF FRITTERS

horseradish crème fraiche, chicory & radish salad

contains (G, E, M, MU, SU) 811 kcal

### MAIN COURSE

#### VALENTINES SURF 'N' TURF 6OZ FILLET STEAK & GARLIC TIGER PRAWN

cherry vine tomatoes, connoisseur chips, watercress, peppercorn sauce

contains (C, CR, M, MU, SU) 654 kcal

#### SALMON DELICE FORESTIER

wilted spinach, grilled woodland mushroom, fresh salsa, balsamic glaze

contains (F, SU) 426 kcal

#### GNOCCHI OF SQUASH & SAGE (GF/VE)

curly kale, roasted seeds, squash crisps

423 kcal

### DESSERT

#### STRAWBERRY ETON MESS

meringue, fruit coulis, fresh berries

contains (E, SU) 522 kcal

#### BLACKBERRY & APPLE CRUMBLE TART

crème anglaise

contains (G, E, M, N, P, SS, SU, S) 404 kcal

#### RASPBERRY SORBET (VE, GF)

70 kcal

Whilst food safety is our highest priority, please note whilst we try our best to ensure your food is suitable for you, our dishes are prepared in areas in which allergenic ingredients are present. The menu shows which dishes do not contain certain allergenic ingredients as intentional ingredients, however we cannot guarantee that dishes are 100% free from these ingredients due to the preparation process. If you have a food allergy, intolerance, or coeliac disease – please speak to the staff about the ingredients in your food and drink before you order. Thank you.

C = Celery; CR = Crustaceans; E = Eggs; F = Fish; G = Cereals containing Gluten; L = Lupin; M = Milk; MO = Molluscs; MU = Mustard; N = Nuts; P = Peanuts; S = Soya; SS = Sesame Seeds; SU = Sulphites.

£49 PER PERSON

UPGRADE TO INCLUDE A BOTTLE  
OF LANSON ROSE FOR £30PP