

## Cast Iron Children's Menu

## **Starters**

Soup of the Day

Crusty bread, butter 420kcal V

(Contains: C, G, M, SS, S, Su)

£5.00

Mixed leaves Salad, 118kcal V Tomato, Cucumber, Carrot, Extra Virgin Olive Oil 118kcal V £4.00

> Hummus 435kcl Pitta Bread V (Contains: G, SS) £7.00

## Mains

Mini fish and chips 526kcal Choice of peas or baked beans (Contains: G, F)

£8.00

Margarita Pide (V) 520kcal Rocket Long boat style margarita pizza (Contains: G, M, E) £7.00 Grilled Chicken 371kcal New potatoes, seasonal vegetables (No allergens)

£10.00

Penne Pasta (V)
Tomato Sauce, Parmesan 562 kcal
(Contain: G, M, C)
£8.00

## **Desserts**

Black Forest Sundae 878kcal Vanilla and chocolate ice cream, black cherry compote, choc brownie bites; Chantilly cream

(Contains: E, M, S / May contain: N, P)

£9.00

Fruit Salad 192kcal (V) £6.00

Doughnut, chocolate sauce 878kcal Served with your choice of either, vanilla, chocolate or strawberry ice-cream (Contains: G, E, M, S, N, P)

£6.00

(V) Suitable for vegetarian (VE) Suitable for vegan (GF) Gluten free

Whilst food safety is our highest priority, please note that whilst we try our best to ensure your food is suitable for you, our dishes are prepared in areas in which allergenic ingredients are present. The menu shows which dishes do not contain certain allergenic ingredients as intentional ingredients, however we cannot guarantee that dishes are 100% free from these ingredients due to the preparation process. If you have a food allergy, intolerance or coeliac disease – please speak to the staff about the ingredients in your food or drink before you order. Adults need around 2000 kcal a day. All prices include VAT at the current rate. A discretionary 12.5% service charge will be added to your bill. V = vegetarian VE = vegan GF = gluten free. C = Celery; G = Cereals containing Gluten; Cr = Crustaceans; E = Eggs; F = Fish; L = Lupin; M = Milk; Mo = Molluscs; Mu = Mustard; N = Nuts; P = Peanuts; SS = Sesame Seeds; S = Soya; Su = Sulphites.