

**TO SHARE**

**NACHOS (V) 12.00**  
sour cream, salsa, guacamole, smoked cheddar  
C,M 790 kcal

**SEASONAL HUMMUS (V) 9.00**  
toasted pitta  
G,SS 612 kcal

**ARTISAN BREAD TIN (V) 5.00**  
flavoured butter, oil & balsamic  
G,E,M,N,SS,S 537 kcal

**MARINATED OLIVES 3.50**  
145 kcal

**GREAT BRITISH  
AND DELICIOUS,  
OUR NEW BEST IN  
SEASON DISHES**

**STARTERS**

**SOUP OF THE DAY 7.00**  
Artisan bread, salted butter  
470 kcal

**CRISPY SPICED CAULIFLOWER (VE) 8.00**  
smoked paprika, vegan mayonnaise, spring onion, chilli  
G 298 kcal

**CHARGRILLED LIME & SRIRACHA  
CHICKEN SKEWERS (GF) 9.00**  
lime, sriracha Mayonnaise  
C,E,Mu,Su 331 kcal

**LEMON & HERB CRISPY SQUID 10.00**  
coconut & coriander yogurt  
C,G,E,Mo,Mu 379 kcal

**SALADS**

**CAST IRON CAESAR SALAD**  
cos lettuce, anchovies, parmesan, Caesar dressing,  
croutons  
G,E,F,M,S  
10.00 Small / 14.00 Large

**SUPERFOOD SALAD (VE)**  
mixed quinoa, tomatoes, kale, radish,  
char grilled aubergines, herb gremolata  
11.00 Small / 15.00 Large

**ADD SALAD EXTRAS**

Chicken 5.00 150 kcal  
Smoked Salmon 5.00 F 188 kcal  
Char Grilled Halloumi 4.00 M 354 kcal

**SANDWICHES**

**RUBENS 15.00**  
Pastrami, Emmental, sauerkraut, gherkins, spicy tomato mayonnaise on rye bread  
G,E,F,L,M,Mu,S,Su 602 kcal

**HAM & CHEDDAR CHEESE 11.00**  
spinach & fries  
G,M 819 kcal

**SMOKED SALMON 16.00**  
cream cheese and cucumber on artisan beetroot bread  
G,F,M 682 kcal

**VEGGIE LOVERS (V) 13.00**  
hummus, avocado, tomato, mozzarella and pesto  
G,M,SS 728 kcal

**CHICKEN & BACON CAESAR 15.00**  
focaccia bread  
G,E,M,Mu 795 kcal

**SIDES**

**SEASONAL GREEN VEGETABLES 5.00**  
butter & Cornish Sea Salt  
M 231 kcal

**TRUFFLED PARMESAN FRIES 6.00**  
M 334 kcal

**CAST IRON SALAD 5.00**  
C,G,Mu 120 kcal

**BEER BATTERED ONION RINGS 5.00**  
G,M,Mu,Su 583 kcal

**SKINNY FRIES 5.00**  
236 kcal

**MAINS**

**CAST IRON BURGER 19.00**  
beef patty, crispy bacon, cheddar, gem lettuce, smoky chipotle sauce, fries  
G,E,M,Mu,SS,S,Su 1330 kcal

**THE BEYOND BURGER (VE) 19.00**  
vegan brioche bun, gem lettuce, beef tomato, smoky chipotle sauce, fries  
G,Mu,SS 1184 kcal

**CRISPY CHICKEN BURGER 19.00**  
gem lettuce, tomato, guacamole, mayonnaise, fries  
G,E,M,SS,S 796 kcal

**CAST IRON RUBBED PICANHA 250G 26.00**  
confit tomato, fries  
1438 kcal

**BEER BATTERED FISH & CHIPS 19.00**  
Atlantic Cod, Ale batter, crushed peas, chips, tartare sauce  
G,E,F,L,M,Mu,Su 804 kcal

**DESSERTS**

**STICKY TOFFEE PUDDING (V) 8.00**  
Jude's salted caramel ice cream  
G,E,M,N,P,S 503 kcal

**CHOCOLATE & STRAWBERRY BOUCHON (VE) 8.00**  
308kcal

**BERRY CHEESECAKE 8.00**  
G,M 302 kcal

**JUDE'S ICE CREAM (V) (GF) 6.50**  
three scoops - ask your server for our flavours  
E,M 840 kcal

**THE CAST IRON CHEESE BOARD (V) 9.00**  
trio of cheeses, Yorkshire parkin, crackers, grapes, seasonal chutney  
C,G,E,M,SS 598 kcal

SCAN QR CODE  
FOOD WASTE POLICY



**COFFEE?...OR WHY NOT FINISH WITH A COCKTAIL OR DIGESTIF?**