

**NIBBLES**

**BREAD TIN** 530 kcal  
English butter  
3.50

**CHIPS 'N' DIPS** 290 kcal  
tortilla chips with your choice of dip:  
white bean and pesto 188 kcal  
kale and cashew 221 kcal  
smoked paprika and chickpea 170 kcal  
4.50

**GREAT BRITISH  
AND DELICIOUS,  
OUR NEW BEST IN  
SEASON DISHES**

**STARTERS**

**CARAMELISED  
KING SCALLOPS** 458 kcal  
sweet potato and pea purée  
12.50

**CRISPY SQUID &  
CHORIZO** 353 kcal  
lemon mayonnaise  
7.50

**MARKET SOUP** 189 kcal  
warm bread and butter (available)  
6.00

**CLASSICS**

**FISH 'N' CHIPS** 594 kcal  
Atlantic cod in Cast Iron batter, crushed peas,  
fries and tartare sauce  
14.00

**MANGALORE CHICKEN** 872 kcal  
Malabar sauce, coriander, naan bread and rice  
15.00

**FROM THE GRILL**

**MASTERS  
OF MEAT**

Our Casterbridge® steaks are carefully selected and sourced, ensuring we only use the highest Red Tractor accredited British farms in the West Country. Our chefs are trained through our certified Cast Iron Steak Academy to ensure you receive the finest quality steak, cooked just how you like!

**SAUCES**  
mushroom 383 kcal, blue cheese 1045 kcal,  
peppercorn 327 kcal  
2.50



**BURGERS  
& GRILLS**

**CAST IRON  
BURGER** 1290 kcal  
beef patty, crispy bacon, Cheddar cheese,  
smoky chipotle sauce and fries  
14.50

**ODEIGA SPICED  
CHICKEN BURGER** 872 kcal  
avocado, mayonnaise and fries  
14.50

**FLAT IRON  
CHICKEN** 1207 kcal  
15.50

ALL OUR STEAKS & CHICKEN GRILLS ARE SERVED WITH CAST IRON BUTTER, STEAK CHIPS & WATERCRESS UNLESS OTHERWISE SPECIFIED.

**ROOTS &  
SHOOTS**

**CAST IRON  
CLUB SALAD** 226 kcal  
avocado, cos lettuce, egg, cherry tomatoes,  
cucumber and lemon dressing  
11.00

**CLASSIC CAESAR** 399 kcal  
Parmesan, croutons, baby gem lettuce  
and Caesar dressing  
11.00

**ADD SALAD TOPPING**

chicken 481 kcal 4.50

**SIDES**

**STEAK CHIPS** 276 kcal  
thyme sea salt  
4.00

**CAST IRON SALAD** 42 kcal  
vinaigrette  
4.00

**CREAMED  
MUSHROOMS** 261 kcal  
4.00

**MAC 'N' CHEESE** 1675 kcal  
5.00

**GRILLED VEGETABLES** 291 kcal  
yoghurt and toasted pine nuts  
4.00

**HALLOUMI FRIES** 336 kcal  
5.00

**SAGE-BATTER  
ONION RINGS** 300 kcal  
4.00

**DESSERTS**

**CAST IRON  
DOUBLE CHOCOLATE  
BROWNIE** 413 kcal  
honeycomb, hot chocolate sauce,  
vanilla ice cream  
7.50

**LEMON BRÛLÉE TART** 1131 kcal  
raspberries  
6.50

**STICKY TOFFEE PUDDING** 247 kcal  
salted caramel ice cream  
6.50

**CAST IRON SUNDAES** up to 533 kcal  
create your own sundae  
ice cream, toppings and sauces  
(ice cream available)  
5.50